

This eLearning programme is suitable for people who work with children and adults with an intellectual disability.
***Sexuality and Disability Values and Attitudes** MUST be completed before other units can commence.
 Some additional resources are included.

*Sexuality and Disability Values and Attitudes	Public and Private Concepts	Self Esteem	Protective Education Frameworks	STIs and Contraception	Puberty and Hygiene
Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> Defining sexuality and the components to be included in a sexuality education programme. Being aware of your own values, attitudes and beliefs in regards to sexuality. <p style="text-align: center;">FREE UNIT</p>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> 'Public' and 'Private' as concepts for a person with an intellectual disability. The concepts of personal space and public and private body parts; clothing, talk and places. <p>We strongly recommend completing this unit before commencing any other unit.</p>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> Self-esteem and influencing factors. Potential barriers to building high self-esteem, signs of persistent low self-esteem and action to be taken. Strategies and resources to assist. 	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> The importance of providing Protective Education. The five essential concepts of Protective Education. Activities and resources to assist. 	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> Common contraception methods. Common STIs and their treatment. Providing contraception and/or STI support to a person with an intellectual disability, not diagnosing, examining or recommending. 	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> Understanding why sexuality education is important. Devising a programme about puberty and hygiene. Strategies and resources to assist with physical and emotional changes, including personal hygiene issues.
Cyber Safety	Sex and the Law	Respectful Relationships	Sexual Development	Managing Inappropriate Sexual Behaviour	Assertive Communication
Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> The benefits and dangers of social networking. The laws in relation to sexting. Cyberbullying strategies and resources to prevent and protect. 	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> The laws in relation to sexual consent and sex. The law in relation to accessing sex workers. The law in relation to termination 	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> Elements of healthy and unhealthy relationships. Strategies and skills needed for building, maintaining and ending relationships. 	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> Determining 'typical' and 'unexpected' sexual behaviours for five major developmental age groups. Flagging behaviours and referring on to appropriate services early. 	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> Why behaviours occur? Strategies to address behaviours. <p>We recommend completing the Sexual Development unit prior to commencing this.</p>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> Different types of communication styles. Identify ways to communicate assertively. Implement an assertive communication model.

Duration: Approximately 60 to 90 minutes per unit

Individual units

\$ 55.00 each

1-4 Participants from same organisation (all 12 units)

\$539.00 per person

5-9 Participants from same organisation (all 12 units)

\$495.00 per person

10 or more Participants from same organisation (all 12 units)

\$440.00 per person *All prices include GST*

ABN 152 750 99 026

The registration form can be downloaded from our website www.people1stprogramme.com.au

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