



12th December 2018

SIDE EFFECTS OF LARCS NOT TYPICAL

The side effects from long-acting reversible contraceptives (LARCs) reported in the media are not typical and should not deter women from using the highly effective forms of contraception, says SHQ (Sexual Health Quarters).

The majority of women with an IUD or Implanon experience no or minimal side effects only.

Those who do have irregular bleeding often find it settles down a few months after insertion. Women are encouraged to discuss any concerns with their doctor.

SHQ believes everyone should have access to contraceptive choices, and that decisions about contraception are best made in conjunction with a healthcare professional.

International studies indicate a high level of long-term satisfaction with LARCs.

SHQ receives a small amount of funding from pharmaceutical companies to train health professionals to safely insert LARCs.

SHQ stands by the Consensus Statement and its commitment to reducing unintended pregnancy through increased access to LARCs.

For more information please contact the Sexual Health Helpline on 9227 6178/1800 198 205.

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